

## West Wales Buddhist Group Covid 19 Risk Assessment Jan 2022 for events held in Aberystwyth Quaker Meeting House

Hazard	Persons at risk	Control measure	Person responsible for actioning
Risk of attendee arriving with C-19.	Hall attendees	All attendees requested to take Lateral Flow Test before arrival. Before entering the building attendees will be asked whether they have any Covid symptoms, feel unwell or have been in contact with anyone who has had a positive Covid test or who has Covid in last 10 days.	Event leader
Retreatant realising they had C-19 after event - risk of having infected others.	Hall attendees	Event organiser will keep a written record of the names and contact details of everybody attending for 21 days after the event. Attendees informed that these details will be shared with Test & Trace if necessary. At close of event, event leader to remind attendees to contact them immediately should they develop any covid symptoms. Contact Test and Trace and all attendees should this arise.	Event organiser
Risk of C-19 transmission - Outdoors and entrances and exits to building	Hall attendees	Maintain social distancing when entering and exiting - not difficult with only 15 attendees.	Event leader
Indoors - transmission of c-19	Hall attendees	Ensuring all attendees wear face coverings indoors when moving about the building as required under the Coronavirus Regulations unless the person has a reasonable excuse not to wear the face covering e.g. to eat or drink). A visor is insufficient protection. Those individuals with exemptions from wearing face coverings will be treated sensitively. The person leading the session ('leading worship') does not need to wear a face covering but will ensure they are over 2m from the nearest person.	Event leader
	Hall attendees	QMH include regular cleaning including key touch points in their protocol.	QMH / Event leader
Risk of C-19 transmission - Shrine activities	Hall attendees	Good ventilation of all communal spaces. Windows and doors to be fully opened between sessions. Windows to remain open during sessions.	Event leader
	Hall attendees	Attendee numbers limited to maximum of 15.	Event leader
	Hall attendees	2m social distancing - meditation seating placed at these distances.	Event leader
	Hall attendees	Hand sanitiser provided within hall and use verbally encouraged.	Event leader
	Hall attendees	Maximising ventilation and airflow by opening windows and propping open external doors in session breaks. Attendees instructed to bring warm layers to allow ventilation even when temperatures are cool.	Event leader
	Hall attendees	Meditation places spaced at 2m distances. Mats and cushions can still provided (no different to chairs with cloth coverings)	Event leader
	Hall attendees	People creating the shrines should use hand sanitiser before and afterwards.	Event leader
	Hall attendees	People putting the mats and cushions out and getting them back in the drawer afterwards should use hand sanitiser before and afterwards.	Event leader
	Hall attendees	Collective singing or chanting indoors is now permitted, with mitigations. Face coverings must be worn, 2m social distancing, max of 15 people, all to have clear LFT, good ventilation to the space.	Event leader
	Hall attendees	Call and response (collective speaking) is permissible as long as voices remain moderate.	Event leader
Risk of C-19 transmission - Bodywork	Hall attendees	Offerings to the shrine should be disposable (ie: incense, tapers or natural objects not tea lights).	Event leader
	Hall attendees	No prostrations as this involves face to the floor. Bowing from kneeling is fine but request retreatants to keep face well clear of floor.	Event leader
	Hall attendees	Ritual objects, texts etc should not be passed from person to person or handled by multiple people.	Event leader
Risk of C-19 transmission - Small groups	Hall attendees	Max of 8 participants in line with QMH guidance. Small group discussions are essential to effective Triratna Buddhist teaching. To minimise risk, limit group sizes to max of 4, masks to be worn except by speaker, keep voices quiet (no background noise), maintain social distancing, all to have clear LFT, good ventilation to the space.	Event leader

Prepared with regard to:  
<https://gov.wales/places-worship-and-funerals-potential-reasonable-measures-action-card-alert-level-2-html>

**Key to initials:**

QMH - Quaker Meeting House